Helping you live well in Woking

Woking Borough Council provides a range of community care services to help you live well and live independently in the comfort and security of your own home.

For further information about the following services please pick up a leaflet, phone 01483 755855 or visit www.woking.gov.uk/livingwell

Bustler **Dial-A-Ride**

For all your transport needs

Bustler operates an assisted door-todoor transport service across Woking. Reliable, friendly and affordable, Bustler gets you to your destination in comfort.

Keeping you on the move:

- For people with reduced mobility.
- Equipped for wheelchair users.
- Single and return fares.
- Any destination including Woking Town Centre, Woking Park, supermarkets, doctors' surgeries and Centres for the Community.
- Free travel for carers and assistance dogs.
- Hospital service calling at St. Peters, Ashford and Royal Surrey.
- Weekdays the service operates Monday to Friday, 9am to 4.30pm.
- **On Saturdays Bustler operates** 9am to 1.30pm.

Book your journey in advance Phone: 01483 744800 Website: wokingbustler.org.uk

Centres for the Community Open daily providing hot meals and opportunities for socialising

Our Centres for the Community are warm and welcoming places which are open daily for groups and people of all ages to use.

Life at the heart of your community:

- Situated in Byfleet, Goldsworth Park, Knaphill, Sheerwater and Westfield.
- Relax and feel at home in our lounge areas.
- Meet up with friends at our coffee bars.
- Enjoy great value cooked lunches and refreshments prepared on site.
- Take part in a variety of social activities and classes.
- Look and feel good with our range of subsidised wellbeing services.
- Hire a space for your club or community group.
- Get connected with free Wi-Fi throughout.
- Access specialist care, information and support.

To find out what's on Phone: 01483 755855 Email: customers@woking.gov.uk



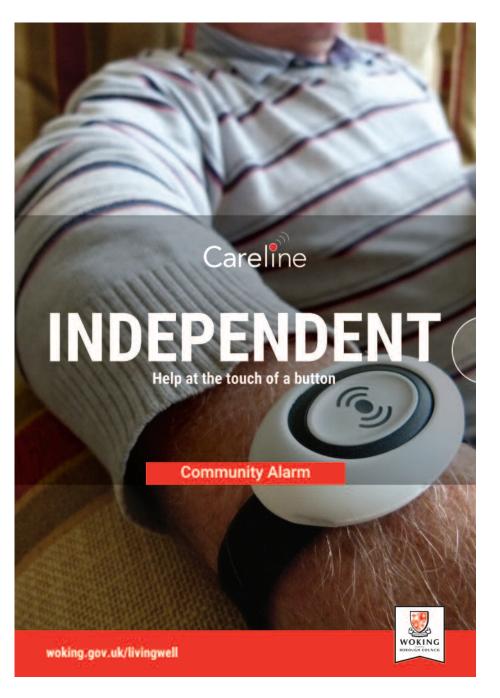
Careline **Community Alarm** Help and reassurance at the touch of a button

Careline consists of an alarm unit that is installed in your home and an alarm button that can be worn discreetly around your neck or on your wrist.

Careline offers customers:

- Freedom and independence.
- **Confidence and security at home.**
- Help at the touch of a button.
- Care and support 24/7, 365 days a year.
- Links with NHS, adult social services and other care providers.
- Regular visits from Careline staff.
- No hidden costs with free installation and servicing.
- Complete peace of mind, supporting a range of telecare sensors and GPS monitoring.
- Free 12-week trial for people recently discharged from hospital.

For a no obligation demonstration Phone: 01483 743647 Email: careline@woking.gov.uk



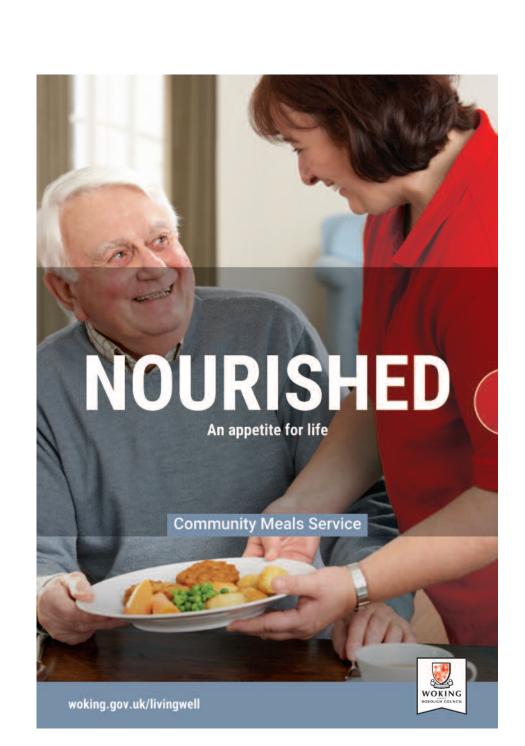
Community Meals

A balanced diet is essential for maintaining good health. If preparing food is a challenge, our team can deliver a hot meal to your door.

Ready to eat:

- sandwiches.
- year.
- Halal and Kosher.

To place your order Phone: 01483 770777 Email: communitymeals@woking.gov.uk



Lunchtime meals and teatime sandwiches direct to your door

Hot lunchtime meals and teatime

• 7 days a week, 365 days of the

A choice of menu options, desserts and snacks.

Speciality meals to suit your dietary needs including soft or pureed, gluten-free, vegetarian,

Our experienced team will ensure you have everything you need to hand to enjoy your meal.

This flexible service can be used as a temporary fix or part of a longer-term care plan.

Homelink Handyperson Service Small low cost repairs that can make a big difference

The Homelink Handyperson can carry our small repairs, odd jobs and minor adaptations to the homes of older, disabled or vulnerable residents.

The Handyperson can provide:

- Minor aids and adaptations such as hand and grab rails to help you get around.
- Essential repairs such as fixing leaks, fitting smoke alarm detectors, sealing sinks and baths.
- Home security including advice and installation of items such as keysafes, door chains and locks.
- Home safety checks and work such as securing rugs, carpets and trailing wires.
- Small jobs such as changing light bulbs, hanging curtains, and moving furniture.

Request the help of the Handyperson Phone: 01483 743668 Email: homelink@woking.gov.uk





Woking Wellbeing Centre Support for carers and people coping with memory loss

- Whether you just want to improve your memory, or you have a memory related diagnosis such as dementia, the Wellbeing Centre in Knaphill can help.
- Make sense of it all:
- Get specialist advice at the **Alzheimer's Society weekly** drop-ins.
- Talk to others carers and people affected by dementia.
- Take part in activities to stimulate brain activity.
- Catch-up with friends and share experiences at the monthly Forget Me Not and Brightwell Cafés.
- Find out what other support services are available.
- Relax in the tranquil garden.
- Browse the display of mobility and assistance aids.
- Hire the Wellbeing Centre for a private session or activity.

For specialist help and advice Phone: 01483 743558 Email: wellbeingcentre@woking.gov.uk

